

**Romney Marsh Community Hub – Rolfe Lane, New Romney**

Date	Event	Time	Cost
Mondays	Games and Crafty Club	1:30 – 3:30 pm	£3.50 each
	Dance Fit	9:30 am – 10:30 am	£7.00
	Seated exercise	11:00 am – 12:00 pm	£7.00
Tuesdays	Walking Group	10:00 am – 12:00 pm	Free
	Yoga	11:00 am – 12:00 pm	£7
	Pilates	3:00 pm – 4:00 pm	£7
Wednesdays	Seated exercise (for those with Arthritis, Stroke or Parkinsons)	11:00 am – 12:00 pm	£7
Thursdays	Tai Chi	9:30 am – 11:00 am	£7
	Art Club	10:30 am – 12:00 pm	£3.50
	Seated Tai Chi	11:00 am – 12:00 pm	£7
	Line Dancing	4:00 pm – 5:30 pm	£7
	Yoga	4:00 pm – 5:00 pm	£7
	Totally Shredded	6:00 pm – 7:00 pm	£7
Fridays	Legs, Bums & Tums	9:30 am – 10:30 am	£7
	Seated exercise	11:00 am – 12:00 pm	£7
Friday Feb 6 <sup>th</sup>	Cancer Peer Support Group	2:00 pm – 3:30 pm	Free
Wednesday 11 <sup>th</sup>	Death Cafe	2:30 pm – 4:00 pm	Free
Friday 13 <sup>th</sup>	Ex Armed Forces Drop In	10:00 am – 12:00 pm	Free
Monday 16 <sup>th</sup>	Ceramic Painting Workshop	1:30 pm – 3:30 pm	£6
Wednesday 18 <sup>th</sup>	Hallett & Co Solicitors Legal Advice	10:00 am – 1:00 pm	Free
Wednesday 18 <sup>th</sup>	Creative Writing with Emma Batten	1:30 pm – 3:30 pm	£8
Friday 20 <sup>th</sup>	Makaton Sign Workshop	1:30 pm – 3:30 pm	Free
Wednesday 25 <sup>th</sup>	Digital Support Sessions Drop In	9:30 am – 12:30 pm	Free
Wednesday 25 <sup>th</sup>	Diabetes Peer Support Group	1:30 pm – 2:30 pm	Free
Friday 27 <sup>th</sup>	Ex Armed Forces Breakfast Club	9:00 am – 11:00 am	
Saturday 28 <sup>th</sup>	Spring Fayre.	10:00 am – 2:00 pm	Free

**Hub on the Beach – 103 Coast Dr, Greatstone**

Mondays	Dance Fit	6:00 pm – 7:00 pm	£7
	Yoga	7:30 pm – 8:30 pm	£7
Tuesdays	Seated Exercise	3:00 pm – 4:00 pm	£7
	Salsa	6:00 pm – 7:00 pm	£7
Wednesdays	Legs, Bums & Tums	9:30 am – 10:30 am	£7
	Seated Tai Chi	3:00 pm – 4:00 pm	£7
	Zumba	6:30 pm – 7:30 pm	£7
Thursdays	Yoga	9:30 am – 10:30 am	£7
	Seated Exercise	3:00 pm – 4:00 pm	£7
Saturdays	Washinkai Karate	10:30 am – 12:00 pm	£7 / £5 < 16
Wednesday 4 <sup>th</sup>	Stroke Peer Support Group	1:00 pm – 2:00 pm	Free
Wednesday 4 <sup>th</sup>	Coffee & Catch Up	1:00 pm – 2:00 pm	Free
Wednesday 11 <sup>th</sup>	Arthritis Peer Support Group	1:00 pm – 2:00 pm	Free
Wednesday 18 <sup>th</sup>	Bereavement Support Group	1:00 pm – 2:00 pm	Free
Tuesday 31 <sup>st</sup>	Hearing Loss Support Group	1:00 pm – 2:00 pm	Free

**SAVE THE DATE! April 17<sup>th</sup> - Quiz Night, Rolfe Lane. Starts at 7 pm.**

## What's On In March 2026.

*For more info, please contact us at 01797 363888 (Rolfe Lane) or 01797 458876 for Hub on the Beach.*